

Flower Mound Football

FRESHMAN FOOTBALL CALENDAR 2024

<i>JUNE</i>						
<i>Su</i>	<i>M</i>	<i>T</i>	<i>W</i>	<i>Th</i>	<i>F</i>	<i>Sa</i>
	3 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	4 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	5 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	6 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	7	8
9	10 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	11 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	12 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	13 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	14	15
16	17 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	18 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	19 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	20 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	21	22
23	24 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	25 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	26 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	27 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	28	29

<i>JULY</i>						
<i>Su</i>	<i>M</i>	<i>T</i>	<i>W</i>	<i>Th</i>	<i>F</i>	<i>Sa</i>
	1 <i>Off</i>	2 <i>Off</i>	3 <i>Off</i>	4 <i>Off</i>	5	6
7	8 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	9 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	10 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	11 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	12	13
14	15 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	16 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	17 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	18 <i>Summer J.A.C.</i> 8:15-9:45 a.m.	19	20
21	22	23	24	25	26	27
28	29	30	31	1		
<i>Head Start Football Camp (5-8 p.m.) Grades 7th-9th</i>						

Summer JAC Football Skill Work
9:45 - 10:30 a.m.
Monday and Tuesday

Schedule is subject to change
For the most current information, please check our
website at www.FMJaguarFootball.net

FLOWER MOUND FOOTBALL

Freshman Football Calendar 2024

AUGUST						
<i>Su</i>	<i>M</i>	<i>T</i>	<i>W</i>	<i>Th</i>	<i>F</i>	<i>Sa</i>
	5 <i>Begin 9th FB Practice</i> <i>Report 6:45 a.m.</i> <i>Practice 7:00-9:15 a.m.</i>	6 <i>Practice</i> <i>Report 6:45 a.m.</i> <i>Practice 7:00-9:15 a.m.</i>	7 <i>Practice</i> <i>Report 6:45 a.m.</i> <i>Practice 7:00-9:15 a.m.</i>	8 <i>Practice</i> <i>Report 6:45 a.m.</i> <i>Practice 7:00-9:15 a.m.</i>	9 <i>Practice</i> <i>Report 6:45 a.m.</i> <i>Practice 8:00-9:30 a.m.</i> Picture Day 7:30 - 8 a.m.	10
11	12 NO 9th practice	13 1st Day of School <i>Report 7:00 a.m.</i> <i>Practice 7:30-9:00 a.m.</i>	14 <i>Practice</i> <i>Report 7:00 a.m.</i> <i>Practice 7:30-9:00 a.m.</i>	15 <i>Practice</i> <i>Report 7:00 a.m.</i> <i>Practice 7:30-9:00 a.m.</i>	16 <i>Practice</i> <i>Report 7:00 a.m.</i> <i>Practice 7:30-9:00 a.m.</i>	17
18	19 <i>Practice/Report 7:00 a.m.</i> <i>Practice 7:30-9:00 a.m.</i> Pre-Season Parent Mtg FMHS cafeteria 6 p.m.	20 <i>Practice</i> <i>Report 7:00 a.m.</i> <i>Practice 7:30-9:00 a.m.</i>	21 <i>Practice</i> <i>Report 7:00 a.m.</i> <i>Practice 7:30-9:00 a.m.</i>	22 <i>Scrimmage</i> <i>Northwest HS</i> <i>5:00 p.m.</i>	23 <i>Report 8 a.m.</i> <i>Film/Weights</i>	24
25	26 <i>Begin regular season schedule</i>	27	28	29 <i>9th games</i> <i>vs. Arlington Bowie</i>	30 <i>Varsity game</i> <i>vs. Arlington Bowie</i>	31

Regular Season practice schedule (once school starts)

Monday	7:00 a.m. (Report) ; 7:30 - 9:00 a.m. (Practice)
Tuesday	6:45 a.m. (Report/Lift) ; 7:30 - 9:00 a.m. (Practice)
Wednesday	7:15 a.m. (Report) ; 7:00 - 9:00 a.m. (Practice)
Thursday (Game Day)	7:45 a.m. (Report) ; 8:00 - 9:00 a.m. (Walkthrough)
Friday	8:00 a.m. (Report) ; Lift and watch film

Reminders

Please visit our website at www.fmjaguarfootball.net. You may register for email updates and do the following:

Sign up for Summer J.A.C. (Jaguar Athletes Course)

Complete all online forms on Rank One

Download UIL Pre-Participation physical form and complete your physical. Must have current physical to participate in JAC.

Order your Game Day polo (if needed)

Order your Thursday pre-game meal

Access Game Schedules

Register for Head Start
Football Camp



Register for
Summer J.A.C.

