

FLOWER MOUND FOOTBALL

JV-VARSITY FOOTBALL CALENDAR 2023

<i>JUNE</i>						
<i>Su</i>	<i>M</i>	<i>T</i>	<i>W</i>	<i>Th</i>	<i>F</i>	<i>Sa</i>
	5 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	6 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	7 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	8 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	9	10
11	12 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	13 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	14 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	15 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	16	17
18	19 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	20 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	21 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	22 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	23	24
25	26 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	27 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	28 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	29 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	30	

<i>JULY</i>						
<i>Su</i>	<i>M</i>	<i>T</i>	<i>W</i>	<i>Th</i>	<i>F</i>	<i>Sa</i>
	3 <i>Off</i>	4 <i>Off</i>	5 <i>Off</i>	6 <i>Off</i>	7	8
9	10 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	11 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	12 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	13 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	14	15
16	17 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	18 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	19 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	20 <i>Summer J.A.C.</i> 7:30 - 9:00 a.m.	21	22
23	24 <i>Sr Lead workout</i> 8-9:30 a.m.	25 <i>Sr Lead workout</i> 8-9:30 a.m.	26 <i>Sr Lead workout</i> 8-9:30 a.m.	27 <i>Sr Lead workout</i> 8-9:30 a.m.	28	29

Summer JAC Football Skill Work
9 - 9:45 a.m.

M/W

Offense

T/Th

Defense

Schedule is subject to change

For the most current information, please check our website at www.FM.JaguarFootball.net

FLOWER MOUND FOOTBALL

JV-VARSITY FOOTBALL CALENDAR 2023

<i>AUGUST</i>						
<i>Su</i>	<i>M</i>	<i>T</i>	<i>W</i>	<i>Th</i>	<i>F</i>	<i>Sa</i>
	31 <i>Sr Lead workout</i> 8-9:30 a.m.	1 <i>Sr Lead workout</i> 8-9:30 a.m.	2 <i>Sr Lead workout</i> 8-9:30 a.m.	3 <i>Sr Lead workout</i> 8-9:30 a.m.	4 Picture Make-ups 8-9 a.m.	5
6	7 <i>1st Day of Practice</i> 7:30 a.m. Report <i>Practice</i> 8-11 a.m.	8 <i>Practice</i> 7:30 a.m. Report <i>Practice</i> 8-11 a.m.	9 <i>1st Day of school</i> <i>Practice 3-5 p.m.</i>	10 <i>Practice 3-5 p.m.</i>	11 <i>Practice 3-5 p.m.</i>	12 <i>Practice</i> Report 7:30 a.m. <i>Practice</i> 8-10:30 a.m.
13	14 <i>Practice 3-5 p.m.</i> Pre-Season Parent Mtg FMHS Cafeteria 6 p.m.	15 <i>Practice 3-5 p.m.</i>	16 <i>Practice 3-4 p.m.</i>	17 <i>Scrimmage</i>	18 <i>Weights/film during</i> <i>4th period</i>	19
20	21 <i>Practice 3-5 p.m.</i>	22 <i>Practice 3-5 p.m.</i>	23 <i>Practice 3-5 p.m.</i>	24 <i>JV vs.</i> <i>Fossil Ridge</i> 5:30/7 p.m.	25 <i>Varsity vs.</i> <i>Fossil Ridge</i> 7:00 p.m.	26

Reminders

Please visit our website at www.fmjaguarfootball.net. You may register for email updates and do the following:

Sign up for Summer J.A.C. (Jaguar Athletes Course)

Complete all online forms on Rank One

Download UIL Pre-Participation physical form and complete your physical. Must have current physical to participate in JAC.

Order you Game Day polo (if needed)

Order your Thursday pre-game meal

Access Game Schedules

Register for
Summer J.A.C.

